Everyday Activities to Share with Your Baby (Birth-2 years)

It is never too early to start!

★ Cuddle and read together
★ Talk about the book and pictures you read
★ Play peek-a-boo
★ Go to the library for Storytime
★ Tickle baby’s toes, reciting “This Little Piggie”
★ Keep a basket of books in the baby’s play area
★ Sing songs with baby as you drive
★ Tell stories during bath time
★ Chant “Pat-a-Cake”
★ Sing lullabies before bedtime or nap time
★ Repeat favorite activities over and over

Brain Power

Beginning at birth and during your child’s early years, crucial connections are formed and strengthened in the brain through repeated playful, loving and stimulating experiences. Each time you read a book, tickle a belly, sing a song, or play peek-a-boo, connections are made between brain cells. Repetition makes the connections stronger, so sing that song again!
Good books for your baby may have:

- Thick or cardboard pages
- A size small enough for a baby to hold
- Large pictures and bright colors
- Photos of faces and everyday objects
- Just a few words
- Rhymes and songs

Here are a few favorites to share.
Check out these and many more at your library!

Global Babies
Whose Knees are These by Jabari Asim
Goodnight Moon by Margaret Wise Brown
Row, Row, Row Your Boat by Jane Cabrera
No Matter What by Emma Dodd
Black on White by Tana Hoban
Peekaboo Morning by Rachel Isadora
Where is Baby’s Belly Button? by Karen Katz
Leo Can Swim by Anna McQuinn
Naptime with Theo and Beau by Jessica Shyba
Baby Dance by Ann Taylor
Hand in Hand by Rosemary Wells

Libros en Español para bebé:

¡Pío Peep!: Traditional Spanish Nursery Rhymes por Alma Flor Ada
Muu, Beee, ¡Así fue! por Sandra Boynton
Arrorró mi niño por Lulu Delacre
¿Dónde está el ombliguito? por Karen Katz
Rojo, azul, ¡cucú! por Annette Rusling
¿Cómo cantas tú? por Giovanna Mantegazza
Me puedes dar una galleta, por favor? por J.D. Morris
Buenas noches a todos por Sandra Boynton
Las fresas son rojas por Petr Horáček
La gallina grande/Big Fat Hen por Keith Baker