



Reading Ever After[®]



Tickles & Bounces

Let's Tickle, Bounce, and Rhyme

Children of all ages love and learn from rhyme, movement, music and song.
Here are a few favorite bounces and tickles to delight the little ones.

Criss, Cross, Applesauce

Criss, cross, applesauce (make an X on child's back),
Big squeeze (hug child),
Cool breeze (blow on back of child's neck),
Now you've got the shivers! (tickle all over)

Father and Mother and Uncle John

Father and Mother and Uncle John (bounce child on lap),
Went to market one by one.
Father fell off (tip child to right).
Mother fell off (tip child to left).
But Uncle John went on and on and on (bounce again and again).

Jeremiah Blow the Fire

Jeremiah (your baby's name) blow the fire,
Puff, puff, puff (gently blow into child's tummy).
First you blow it gently (blow a long soft puff),
Then you blow it rough (blow a long big puff).

One Little Baby

One little baby rocking in the tree (rock child).
Two little babies splashing in the sea (tickle child's tummy).
Three little babies crawling on the floor (climb fingers up child's arm).
Four little babies knocking on the door (gently tap forehead).
Five little babies playing hide and seek (cover eyes with hand).
Keep your eyes closed until I say "Peek!" (uncover eyes and exclaim, "Peek!")

Ride a Little Pony

Ride a little pony down to town (bounce baby on lap/knees).
Whoops! Little pony, don't fall down (separate knees and let baby "fall" between them).

Roll, Roll Sugar Baby

Roll, roll sugar baby (roll hands),
Roll, roll sugar baby.
Push! (push using both hands)
Pull! (pull using both hands)
Clap, clap, Clap.

Round and Round the Garden

Round and round the garden (draw circles on baby's tummy),
Goes the little mouse,
Up, up, up he creeps (walk fingers up baby's body),
Up into his house (tickle under arm or chin).
Round and round the garden (draw circles on baby's palm),
Goes the little bear.
Upstairs, downstairs (walk fingers up and down arm),
Tickle you under there (tickle under arm or chin).

Shoe the Little Horsie

Shoe the little horsie (tap bottom of one foot),
Shoe the little mare (tap bottom of other foot),
But let the little colt go bare, bare, bare! (kick both legs up and down)

These are Baby's Fingers

These are Baby's fingers, these are Baby's toes (touch fingers, then toes).
This is Baby's belly button, round and round it goes (draw circles on Baby's tummy).
These are Baby's eyes, this is Baby's nose (gently touch eyelids, then nose).
This is Baby's belly button, right where Mommy blows (blow on Baby's tummy).

This Little Piggy

This little piggy went to market.
This little piggy stayed home.
This little piggy ate roast beef.
And this little piggy had none.
But this little piggy, went wee wee wee, all the way home.

Trot, Trot. Trot to London

Trot, trot, trot to London. Trot, trot, trot to Dover.
Look out (baby) or you might fall over.
Trot, trot, trot to Boston. Trot, trot, trot to Lynn.
Look out (baby) or you might fall in.

M. Katz, 2007